

aiding and enfolding you  
each day and night of your lives.

**May God, the three in one, encompass us all,  
shielding us on sea and on land, in day and in night,  
guarding each step and each path we travel. Amen.**

Community

Hymn (optional)

*The members of the community sit or kneel after the service concludes, as they prefer.  
Silence is observed to allow private prayer or meditation. Individuals should leave quietly as  
the Spirit moves them.*



# A Journey to the Land of the Saints

## VIII • The Island of Paul the Hermit

*The members of the community enter and pray in silence. After the community is fully assembled, the prelude should be presented.*

### Prelude

*"The Island of Paul the Hermit"*

*(from The Voyage of Saint Brendan, translated by John J. O'Meara)*

After many months on the sea, Saint Brendan and his brothers come to an island where they are welcomed by a hermit named Paul. After recounting his own spiritual journey, Paul the Hermit tells holy Brendan the final things he and his companions must do to come to the Land of the Saints.

*A period of silent meditation follows the reading before the leader begins the penitential prayers.*

### Penitential Prayers

*A bell rings and the members of the community kneel. If anyone cannot kneel, they should remain seated with their head bowed.*

Leader

All

We bend our knees

*(making the sign of the cross)*

**in the eye of the Father who created us,**

**in the eye of the Son who purchased us,**

**in the eye of the Spirit who cleansed us. Amen.**

*All stand.*

Leader

Lord Jesus Christ,

give us the grace of repentance;

give us the grace of earnestness;

give us the grace of submission.

**Give us the strength and courage to confess our guilt  
as earnestly as were this the moment of our death.**

Leader

Lord Jesus,

Bless and protect us beneath your glorious mantle.

There is no plant in the ground, nor form in the strand,  
that is not full of your virtue.

Lord Jesus, have mercy on us.

**Lord Jesus, have mercy on us.**

Community



Leader	Praise to the Father, praise to the Son, praise to the Spirit. <b>The three in one.</b>	Community Leader Community Leader	... <b>peace between lovers.</b> Peace between persons injured ... ... <b>peace between foes.</b> Holy God, Father, Son and Spirit, help us to love and bless your creation, all that we see, all that we hear, all that we touch. Let us share your peace with our fellow creatures at all times, living as signs of forgiveness and reconciliation on the earth ... ... <b>as the angels and saints do in heaven:</b> <b>without malice, without jealousy, without envy,</b> <b>without fear, without terror of anyone under the sun.</b> <b>And may the Father, the Son and the Spirit</b> <b>kindle in our hearts the flame of love to our neighbors,</b> <b>to our foes, to our friends, to our kindred all,</b> <b>to the brave, to the knave, to the thrall.</b> The peace of the Father of Joy, the peace of Christ the Lamb, the peace of the Spirit of Grace, be with you.
All	Let us pray for the coming of the Kingdom, in the words our Lord taught us: <b>“Our Father in heaven,</b> <b>hallowed be your name.</b> <b>Your kingdom come.</b> <b>Your will be done,</b> <b>on earth as it is in heaven.</b> <b>Give us this day our daily bread.</b> <b>And forgive us our debts,</b> <b>as we also have forgiven our debtors.</b> <b>And do not bring us to the time of trial,</b> <b>but rescue us from the evil one.”</b> (Matthew 6: 9-13)	All	<b>The peace of the Father of Joy,</b> <b>of Christ the Lamb, and of the Spirit of Grace,</b> <b>be with us all.</b>
Leader	Thanks be to you, Eternal Father, for you have enwrapped our bodies and our souls, safeguarding us in the sanctuary of your love ... <b>... and sheltering us under the mantle of your care.</b>	Leader	Let us share a sign of peace with those present here as a testimony to the peace God offers to the world.
Community Leader	O Holy God, guide us with your wisdom, chastise us with your justice, help us with your mercy, protect us with your strength. In our dreams...	Community Leader	<i>The members of the community share a sign of peace before sitting down. A brief period of silence follows before the reader begins the Word of God.</i>
Community Leader Community Leader Community Leader Community Leader Community Leader Community Leader	<b>... arouse holy ambitions.</b> In our repose... <b>... strengthen us for your service.</b> In our hearts... <b>... nurture love for all your creatures.</b> In our minds... <b>... implant saintly thoughts.</b> In our deeds... <b>... may others see your kindness.</b> In our words... <b>... may others hear your mercy.</b> In our wishes... <b>... may others feel your compassion.</b>	Community Reader Community Community Reader Community Reader Community Reader	I set the teachings of Christ before you; I set the guarding of God about you. <b>May it possess us and protect us all.</b>  A reading from the Gospel according to Saint John.  Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb, and we do not know where they have laid him.” Then Peter and the other

disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

The gospel of Jesus Christ, source of strength,  
Source of salvation, source of healing grace.

**May it be a mantle to our bodies.**

Community

*A brief silence follows the reading, until the leader begins the psalm.*

Leader Psalm 91, Verses 1 through 16.

You who live in the shelter of the Most High,  
who abide in the shadow of the Almighty,

**will say to the Lord, "My refuge and my fortress;  
my God, in whom I trust."**

For he will deliver you from the snare of the fowler

and from the deadly pestilence;  
**he will cover you with his pinions,  
and under his wings you will find refuge;  
his faithfulness is a shield and buckler.**

You will not fear the terror of the night,  
or the arrow that flies by day,

**or the pestilence that stalks in darkness,  
or the destruction that wastes at noonday.**

A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.

**You will only look with your eyes  
and see the punishment of the wicked.**

Because you have made the Lord your refuge,  
the Most High your dwelling place,

**no evil shall befall you,**

**no scourge come near your tent.**

For he will command his angels concerning you  
to guard you in all your ways.

**On their hands they will bear you up,**

**so that you will not dash your foot against a stone.**

You will tread on the lion and the adder,

**the young lion and the serpent**

**you will trample under foot.**

Those who love me, I will deliver; I

will protect those who know my name.

**When they call to me, I will answer them;**

**I will be with them in trouble,**

**I will rescue them and honor them.**

With long life I will satisfy them,

**and show them my salvation.**

*There is a brief silence after the psalm before reading or presenting the audio version of the following reflection.*

Reflection

"Welcoming Others into the Resurrection"

by Timothy J. Ray

*A period of silence is observed after the reflection for private meditation, with or without music. Afterward, the leader proceeds to the Prayers and Blessings after the optional hymn.*

Hymn (optional)

**Prayers and Blessings**